# APA Levels of Heading

The introduction does not get a separate heading. The title of the paper on the first line of the first page is sufficient. The text after the title on the first page is assumed to be an introduction. The information for this was pulled from https://apastyle.apa.org/style-grammar-guidelines/paper-format/headings.

# Level 1 (Centered, Bold, Title Case)

Text after a level 1 heading starts as a new paragraph.

## Level 2 (Flush Left, Bold, Title Case)

Text after a level 2 heading starts as a new paragraph.

### Level 3 (Flush Left, Bold Italic, Title Case)

Text after a level 3 heading starts as a new paragraph.

**Level 4 (Indented, Bold, Title Case, Ending With a Period).** Text after a level 4 heading does not start as a new paragraph.

***Level 5 (Indented, Bold Italic, Title Case, Ending With a Period).*** Text after a level 5 heading does not start as a new paragraph.

The next paragraph is indented.

# References

Hanging paragraphs

# Appendix A

Usually tables and figures.